

KISHORI SASHAKTIKARAN PARIYOJNA

ANNUAL REFLECTION

REPORT

2024-2025



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ABOUT SWABHIMAN SAMITI

Swabhiman Samiti is a grassroots non-profit organization founded in **2004**, working actively across the districts of **Siddharthnagar, Maharajganj, and Kushinagar** in **Uttar Pradesh**. Committed to the values of **dignity, equity, and justice**, the organization focuses on empowering **marginalized and underserved communities**, particularly **women, children, and adolescents** who face multiple layers of social and economic exclusion.

Over two decades, Swabhiman Samiti has implemented a wide range of **multi-dimensional development programs** aimed at addressing both immediate and structural challenges. Its work spans several key thematic areas:

- **Adolescent Empowerment and SRHR**
- **Education, Sports and Digital Inclusion**
- **Water, Sanitation, and Hygiene (WASH)**
- **Climate Change and Disaster Risk Reduction (CCDRR)**
- **Sustainable Agriculture and Livelihoods**
- **Health and Family Planning**

Key Flagship Programs

- **Kishori Sashaktikaran Pariyojana (KSP)** – focused on adolescent girls' leadership, health, and gender awareness
- **Project Chhalaang** – promoting physical literacy and social-emotional learning in government schools
- **EmpowerED** – bridging the gender digital divide through technology access and digital literacy

Transparency and Legal Standing

Swabhiman Samiti is registered under the Societies Registration Act and is fully compliant with legal and financial regulations. The organization holds the following certifications:

- **12A and 80G (Income Tax exemptions for donors)**
- **FCRA Registration (for foreign funding)**
- **CSR Registration (for corporate partnerships)**

These credentials underscore the organization's commitment to **accountability, good governance, and high-impact programming**.

With a strong field presence, a committed team, and a network of trained community volunteers, Swabhiman Samiti continues to innovate and deepen its impact—ensuring that the **voices of the most excluded are heard, respected, and empowered**.

Kishori Sashaktikaran Pariyojna

Annual Reflection Report

DMA Grant

Name of Patner : Swabhiman Samiti

Name of Disstrict and Block : District- Siddharthnagar, Block- Uska Ga ar

Reort Period : 1 February 2024 to 31 January 2025

Report Prepared by : Mamta Verma

Planning Vs Achievements

Sr No	Name of Activity	Planned Number	Actual Achieved	Reason for Variance
1	Staff Selection	6	6	
2	Orientation of staff on project	6	6	
3	Village selection	13	13	
4	Volunteer Selection	20	20	
5	Adolescents Group formation	20	20	
6	Baseline survey	400	530	All the girls of the village have been added to the group.
7	Meeting with adolescents group	480	474	There is a flood in this area.
8	Community Orientation Program on Girls issues	20	20	
9	Two Day Training of 100 Girls leaders on Violence Against Women-VAW each year in 3 batches	100	99	
10	Two Day Training of 100 Girls leaders Human Rights and Gender in	100	103	
11	Review meetings of Team	24	25	
12	Celebration of IDG, Menstrual Hygiene Day, Women day and Human Rights Day	4	4	
13	Two Day Training of 100 Girls leaders on Menstrual Hygiene Management each year in 3 batches	100	102	
14	Meeting with stakeholders	4	4	

15	District level Kishori Mela	1	1	
16	3 Days Training of Staff and Volunteers	1	1	
17	Exposure visit of each Girls Groups	20	48	Due to exposure visits within the district, less expenditure was incurred. Due to this, more girls got opportunities.
18	Two Day Training of 100 Girls leaders on Self defence each year in 3 batches	100	103	
19	Annual Sports Day among Girls	1	1	
20	Midline survey	400	467	Some girls have got married. Some have migrated to other places.
21	Meetings with community	240	233	There is a flood in this area.
22	School chalo abhiyan	9	6	Not in project work.
23	Reporting and Documentation	12	12	

Details of the Activities implemented -Process, Output (Maximum 100 Words for each activity)

1. Staff Selection

To initiate the Kishori Sashaktikaran Pariyojna (KSP), a structured and transparent recruitment process was followed to ensure qualified personnel were onboarded for effective project execution.

- Application forms and bio-data were collected for all posts under KSP.
- Bio-data were screened and shortlisted applicants were invited via phone for interviews.
- Interviews were conducted on 28th December 2023 at the Swabhiman Samiti office.
- Selection was based on qualification and relevant experience.
- Selected staff included: PD – Vinod Prajapati, PC – Mamta Verma, MIS – Deep Aay, Trainers – Sambhavi, Suman Sahni, Priyan Chaudhary.
- ToRs were issued, declarations signed, and personal files were prepared.
- All selected staff joined on 1st February 2024 and documentation was completed.

2. Orientation of Staff on Project

The orientation session ensured all selected staff clearly understood the KSP's goals, methodology, and their roles within the program.

- Held on 2nd February 2024 at the Swabhiman Samiti office.
- The full project proposal was explained in detail to the team.
- Each staff member received a printed copy of the project document.
- Roles and responsibilities were assigned according to each post.
- Interactive discussions were held to clarify doubts and ensure alignment.
- Staff expressed readiness to execute duties as per objectives.
- The session built clarity, accountability, and ownership among team members for effective rollout.

3. Village Selection

A participatory process was followed to select the villages where the KSP project would be implemented, ensuring local consent and relevance.

- A preliminary list of villages was created using project guidelines.
- Field staff were assigned to conduct visits and interactions in selected areas.
- Adolescents and community members were consulted in group discussions.
- Mutual consent was obtained before finalizing each village.
- A total of 13 villages across 8 Gram Panchayats were selected.
- This process helped establish local rapport and set a foundation for community engagement.
- Selection ensured geographical spread and demographic diversity for impact.

4. Volunteer Selection

Volunteers were selected through a democratic and inclusive process involving adolescents and community consensus.

- Adolescents were contacted individually and in groups.
- Volunteer roles and responsibilities were explained thoroughly.
- Names of interested candidates were finalized in group meetings.
- Essential documents (application, educational certificates, ID, passbook) were collected.
- 20 volunteers were selected across the 13 villages.
- ToRs were drafted and signed by each volunteer.
- Volunteers began supporting project implementation, mobilization, and meeting facilitation.
- Their involvement ensured grassroots connectivity and effective outreach.

5. Adolescents Group Formation

To promote peer-led learning, adolescent groups were formed through inclusive mobilization efforts in each village.

- Field staff introduced the KSP project in one-on-one and group settings.
- Discussions were held on the benefits and structure of group learning.
- Adolescents who showed willingness were added to groups.
- Equal opportunity was ensured for participation across age and gender.
- A total of 20 adolescent groups were created.
- These groups became the primary unit for training, discussion, and collective action.
- Group formation strengthened adolescent identity, voice, and community presence.

6. Baseline Survey

A comprehensive baseline survey was conducted to gather initial data on adolescent knowledge, behavior, and needs.

- A structured baseline format was designed and digitized via Google Forms.
- Field staff were trained on survey tools and data collection methods.
- Surveys were conducted face-to-face with all adolescents.
- Errors were reviewed and corrected during the process.
- Surveys covered 530 adolescents, surpassing the original target of 400.
- Data was verified and compiled for use in planning and tracking progress.
- The baseline provided a reference for midline and endline comparison.

7. Meeting with Adolescents' Groups

Regular group meetings ensured sustained learning, discussion, and engagement with adolescent participants.

- Meetings were scheduled twice monthly in each group.
- Time, date, and venue were decided in consultation with members.
- Agendas were circulated beforehand via newsletters.
- Trainers facilitated sessions covering gender, rights, hygiene, and leadership.
- Each meeting's attendance and proceedings were recorded in registers.
- Signatures of participants were collected as proof of participation.
- A total of 474 meetings were conducted within the reporting period.
- These meetings promoted trust, awareness, and leadership among adolescents.

8. Community Orientation Program on Girls' Issues

This activity aimed to raise awareness among the community about adolescent girls' rights, challenges, and the need for collective support.

- Community members were informed of the agenda through group discussions.
- Dialogues focused on physical, emotional, and social challenges faced by adolescent girls.
- Sessions encouraged reflection on local beliefs and attitudes toward girl-child issues.
- Orientation was conducted with members related to all 20 adolescent groups.
- A total of 615 community members participated in these sessions.
- The process built consensus for joint community efforts to support girls' empowerment.

9. Two-Day Trainings for 100-100 Girl Leaders

Multiple batches of leadership trainings were organized to build knowledge on rights, safety, health, and gender.

- Trainings were planned with fixed dates, trainers, venue, and materials.
- Team informed FCs, volunteers, and group leaders beforehand.
- Training kits, registration sheets, travel forms, and media tools were prepared.
- Events were well-documented and reported, with local media coverage.
- 103 girls trained on Human Rights & Gender.
- 102 girls trained on Menstrual Hygiene Management.
- 99 girls trained on Violence Against Women (VAW).
- 103 girls trained on Self-Defence.
- All sessions were participatory, building confidence and leadership among girls.

10. Review Meetings of the Team

Regular team meetings were conducted to ensure effective implementation, problem-solving, and progress tracking.

- Held on the 15th and 30th of every month without fail.
- Meetings focused on reviewing progress, challenges, and planning upcoming activities.
- Documentation of each meeting was maintained for accountability.
- 25 review and planning meetings were organized in total during the year.
- These regular discussions helped maintain project momentum and staff coordination.

11. Celebration of IDG, Menstrual Hygiene Day, Women's Day, and Human Rights Day

Special days were celebrated to spread awareness and build solidarity around key issues affecting girls and women.

- Team meetings were held to plan and delegate responsibilities.
- Four events were finalized for the year: IDG, MHD, Women's Day, and Human Rights Day.
- Preparations included banners, letters to speakers, and program outlines.
- Events were organized with active participation from adolescents and the community.
- Documentation, media reporting, and photos ensured visibility.
- 433 adolescents and women took part in these celebrations.
- Each event promoted awareness, unity, and public engagement on gender issues.

12. Meetings with Stakeholders

Strategic stakeholder engagement helped strengthen partnerships and reinforce project credibility.

- Quarterly meetings were scheduled after consultations.
- Stakeholders were invited with a clear agenda via formal communication.
- Discussions were held on program status, challenges, and collaborative actions.
- 4 meetings were organized this year with 43 stakeholders including educators, officials, and local leaders.
- These meetings encouraged buy-in and continuous support for project goals.

13. District-Level Kishori Mela

The Kishori Mela was organized as a district-level celebration of adolescent leadership and health awareness with wide participation and collaboration.

- Planning meetings were held with assigned responsibilities (photography, registration, logistics).
- Permissions were secured from CMO, DPM, and CHC officials.
- Coordination took place with DEIC Manager, BPM, BCPM, and other stakeholders.
- Information was shared with girls and volunteers a week in advance.
- Activities included: a menstrual hygiene street play, game activities by girls, speeches by 5 girls (awarded), and a painting competition (12 participants; 3 awarded).
- 5 stalls were set up: Kishori Activity, RKSK, RBSK, Medical Check-up & Counselling, and Swabhiman Samiti.
- Sanitary pads were distributed to 200 girls; HB and blood group checks were conducted with medicines provided.
- Full documentation was done; 203 girls participated overall.

14. Three-Day Training of Staff and Volunteers

This training enhanced the capacity of project staff and volunteers to implement KSP activities effectively and uniformly.

- The team planned the training: date, venue, trainers, banner, and session responsibilities.
- Parents of volunteers were informed and signed consent forms.
- Documents prepared included registration sheets, travel forms, and training materials.
- The training was conducted interactively with practical tools.
- All arrangements, including logistics, hospitality, and documentation, were completed.
- A total of 25 participants (staff and volunteers) attended.
- Reporting and media communication followed the training completion.

15. Exposure Visit of Each Girls Group

Exposure visits aimed to inspire adolescent girls by connecting them with real-world development models and practices.

- Team meetings finalized visit logistics.
- Consent was obtained officially from Pani Sansthan.
- Date, time, and venue details were shared with group leaders via TcF and volunteers.
- Parents of group leaders provided written consent.
- Transport was arranged, and on-site coordination ensured smooth participation.
- Full documentation—photos, videos, visit reports—was maintained.
- 48 adolescent girls took part in this exposure activity, gaining motivation and firsthand experience of institutional practices.

16. Annual Sports Day Among Girls

The Annual Sports Day fostered confidence, team spirit, and physical well-being among adolescent girls.

- The team planned the event with timelines and delegated duties like photography and reporting.
- Participants and guests were informed in advance.
- Logistics included registration sheets, travel forms, and sports materials (balls, banners, etc.).
- The event featured physical games and fun competitions.
- TCFs and volunteers coordinated with the girls to ensure full participation.
- 65 adolescent girls took part in the event.
- Documentation included reports, media clips, and visual content for outreach and reporting purposes.

17. Midline Survey

The midline survey assessed progress by evaluating changes among adolescents since the baseline.

- Girls were informed during Kishori Samuh meetings about the upcoming survey.
- The team visited each adolescent in their respective villages to fill out the form.
- 467 adolescents from 20 groups in 13 tolas across 8 Gram Panchayats were surveyed.
- The survey served as a monitoring tool to understand behavioral, attitudinal, and knowledge shifts.
- Data was used to compare baseline vs. midline outcomes and refine future activities.

18. Meetings with Community

Community engagement remained central to KSP's success, with structured monthly meetings ensuring inclusive participation and ongoing dialogue.

- Meetings were planned monthly based on local needs.
- Volunteers informed residents about the meeting agenda, venue, and time.
- Discussions covered adolescent girls' health, rights, and leadership.
- Proceedings were recorded in registers with participant signatures.
- Issue-based tools (audio/video), games, and interactive methods were used.
- Women's feedback was regularly documented and addressed.
- These gatherings built ownership and accountability within the community.
- A total of 233 meetings were held this quarter, reflecting strong and consistent grassroots engagement.

19. Reporting and Documentation

Robust documentation was maintained throughout the year to ensure transparency, accountability, and evidence-based reporting.

- The Project Implementation Plan (PIP) was created.
- Monthly action and target plans were formulated and tracked.
- Monthly progress reports were compiled to assess achievements.
- Event-wise reports for celebrations and activities were maintained.
- Records of program rounds, participant data, and event outcomes were preserved.
- All activities were visually documented through photos and videos.
- Media coverage was ensured to amplify outreach.
- 12 case stories highlighting success and transformation were written to capture project impact on the ground.

Other Activity details (if any)

20. School Chalo Abhiyan Rally (Other Activity)

To promote school enrollment, a focused outreach campaign was launched across six schools under the KSP framework.

- Teachers were consulted to identify enrollment gaps.
- Community mobilization and awareness were planned jointly.
- Rallies were organized at scheduled times in six schools.
- Children, teachers, volunteers, and community members participated.
- The campaign encouraged re-enrollment and first-time admissions.
- As a result, 41 children were successfully enrolled during the drive.
- The initiative reflected strong collaboration and increased awareness about the right to education among parents and stakeholders.

Challenges Faced and Mitigation Strategies

The implementation of the Kishori Sashaktikaran Pariyojna (KSP) faced several contextual challenges due to environmental, political, and seasonal factors. The team proactively addressed these issues using adaptive strategies to maintain program continuity and stakeholder engagement.

1. Floods Disrupted Community and Adolescent Meetings

Challenge: Flooding in the project areas made it unsafe or inaccessible to hold scheduled group meetings.

Mitigation: Meetings were rescheduled in flood-free zones or conducted in safer indoor locations. Mobile-based communication (calls/messages) was used for continuous engagement. Sessions were also organized after conditions normalized.

2. Delay in Stakeholder Meetings Due to Elections

Challenge: Stakeholder meetings were delayed because key officials and community leaders were involved in the election process.

Mitigation: Informal one-on-one discussions were held with stakeholders during the election period. Formal meetings were rescheduled post-elections to ensure full participation.

3. Low Attendance During Agricultural Seasons

Challenge: Participation of adolescent girls and community members dropped during sowing and harvesting periods.

Mitigation: Meeting schedules were adapted to local routines, with sessions conducted in the evenings or on less busy days to ensure higher turnout.

4. Heat Wave Hampered Outdoor Activities

Challenge: Extreme summer temperatures affected the ability to conduct outdoor sessions and community events.

Mitigation: Activities were relocated to shaded or indoor spaces. Timings were adjusted to early mornings or late evenings, and hydration arrangements were ensured for all participants.

Progress in Organizational Systems and Processes

During the implementation of the Kishori Sashaktikaran Pariyojna (KSP), Swabhiman Samiti undertook key improvements to strengthen internal systems, enhance transparency, and improve field-level accountability.

1. Improved Attendance Monitoring through Digital Tools

To ensure accountability and accurate reporting, GPS-tagged photographs have been made mandatory for recording the attendance of field staff. This geo-verification system has enhanced the credibility and tracking of field activities. Additionally, participant attendance in adolescent group meetings is now recorded in real time using Google Sheets and is cross-referenced with a physical proceedings register. This dual-record system allows the organization to analyze the participation patterns of individual adolescents over time.

2. Strengthening Financial Documentation and Governance

In the finance and governance domain, the organization has shifted to generating the Bank Reconciliation Statement (BRS) directly from Tally software, reducing manual errors and improving efficiency. Furthermore, the format of the Check Issue Register has been redesigned for better clarity, record-keeping, and audit readiness. These improvements support stronger financial accountability and streamlined operational processes.

Two Stories of Change

1. Jeevan Jyoti – A Journey of Empowerment and Resilience

On February 1, 2024, the Jeevan Jyoti adolescent group was formed under the Kishori Sashaktikaran Pariyojna in Kathha Tola, Gopiyapur. The group brought together 33 adolescent girls committed to learning and self-development. However, in its early phase, the group faced a significant challenge—lack of a safe and private space for conducting meetings. Initially, sessions were held in open areas outside villagers' homes, where the girls felt hesitant to speak openly on sensitive topics such as menstrual hygiene and gender roles.



Adolescent girls with representative of gram Pradhan.

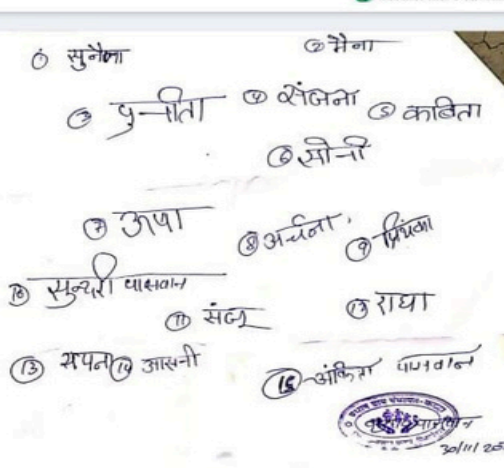
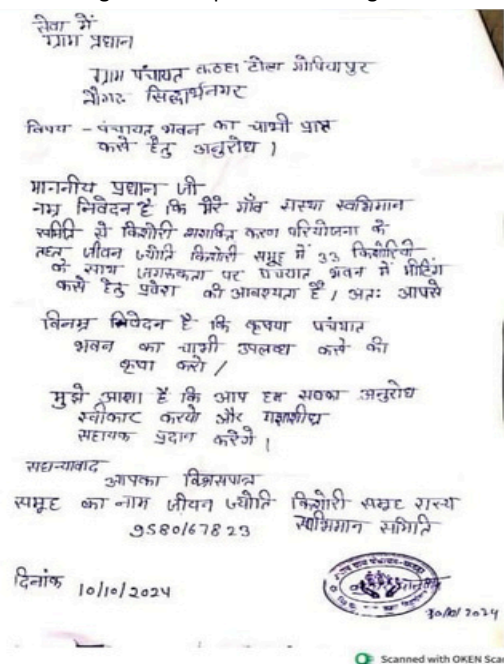
Understanding the importance of a secure learning environment, the girls suggested using the Panchayat Bhawan for their group meetings. With the support of volunteer Khushboo and participant Maina, they approached the Gram Pradhan to request access to the space. Unfortunately, their request was denied multiple times. On September 18, when the group needed the venue for a menstrual hygiene training session, they were misled about the availability of the keys. Undeterred, the girls walked 2 kilometers across narrow farmland boundaries to a distant hamlet just to hold the session—demonstrating determination amidst adversity.

Realizing the need for formal action, the group decided to escalate their demand. On October 10, 2024, the girls submitted a written application to the Gram Pradhan, clearly articulating their right to access public infrastructure. This time, their persistence yielded results. The Gram Pradhan relented and handed over the keys, enabling the group to hold all future meetings at the Panchayat Bhawan.

Since then, the Bhawan has become a safe and permanent space for the adolescent girls to gather, discuss, and learn. The Jeevan Jyoti group's journey is a shining example of how collective voice and persistence can overcome social barriers. It has also inspired other adolescent groups in nearby Gram Panchayats to assert their rights and create enabling environments for themselves.

Key Outcomes:

- Access secured to Panchayat Bhawan after multiple refusals.
- All group meetings now held in a dignified and safe space.
- Empowerment through written communication and local governance engagement.
- Girls learned advocacy and collective decision-making.



Application written by adolescents

2. Adolescent Empowerment – Resolution and Struggle in Kudia

In Gram Panchayat Kudia, the adolescent group identified a major health gap during their regular meeting—no anemia (HB) checkups had ever been conducted for adolescent girls in the village. Concerned for their health and that of their peers, the group decided to take action. With encouragement from group leader Khushi and TcF Priyanka, they collectively drafted a formal application addressed to the Community Health Center (CHC), Uska Bazar, requesting inclusion of HB screening under the adolescent health initiatives.



Adolescent girls with MS of CHC

Writing the application was easy—but delivering it proved to be a test of determination. On a cold morning, the group began their journey at 9:30 AM, walking 1 kilometer to find transport. After reaching the health center, they had to wait until 12:50 PM to meet the Medical Superintendent, Dr. S.K. Patel. The long wait and harsh weather could have discouraged many, but the girls stood united and patient.

Their efforts were rewarded. Upon meeting Dr. Patel and BPCM Manish Pandey, they were not only appreciated for their initiative but were also promised prompt action. The CHC committed to include HB screening and medicine distribution for all 20 adolescent groups under the VHSND micro plan. This decision marked a critical turning point—not only did it meet a vital health need, but it also validated the leadership and proactive spirit of the girls.

A group photo captured this moment of victory, celebrating the unity and commitment of the adolescent leaders. This experience instilled in the girls a deeper sense of empowerment, showcasing that organized efforts, persistence, and collective voice can influence institutional decisions and policy actions.

सेवा में,
 चिकित्सा अधीक्षक,
 सामुदायिक स्वास्थ्य केंद्र आका वापाय

विषय: स्त्रीगर्भाशय में जीन ऑन Hb टैस्ट हेतु शिफारिश
 जगदीश जी वादही में -

मैसादाय,
 निवेदन है कि हमारे क्षेत्र में स्त्रीगर्भाशय में
 पुनर्निर्माण वाली दवाएं बंद रही हैं इस कारण
 से गर्भाशय हेतु (Hb) टैस्ट ऑन स्त्रीगर्भाशय
 वाली स्त्री गर्विणा उदान करने अंतर्गत आवेदन
 है इस उदान से न निवृत्त सेवा का प्रारम्भिक
 पत्र होने में सहयोग सिद्धि।
 ऐलिक शत्रु पट उपचार भी अनुसंधान किया
 जा सकता है।
 इस उदान में हमारे कृषि में (Hb) टैस्ट
 ऑन स्त्रीगर्भाशय में होने वाली आवेदनपत्रों में
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 करने में भी हम सुधार सुधारी उदान
 करने में लिए तैयार हैं।

अतः आपसे निवेदन है कि हमारे कृषि में
 में (ऑन) शिफारिश (आवेदन) का आदेश
 देने की कृपा करें।

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ॐ नमो भगवते वासुदेवाय
 श्रीगणेशाय नमः
 श्रीकृष्णाय नमः

2010-2011/2012

Application written by adolescents

Key Outcomes:

- Access secured to Panchayat Bhawan after multiple refusals.
- All group meetings now held in a dignified and safe space.
- Empowerment through written communication and local governance engagement.
- Girls learned advocacy and collective decision-making.

Planning for Year

Sr No	Name of Activity	Total Number of Activity	Planned Output
1	Meeting with adolescents group	480	Regular engagement and awareness building.
2	Community Orientation Program on Girls issues	20	Increased community awareness and support.
3	Two Day Training of 100 Girls leaders on Violence Against Women (VAW) each year in 3 batches	100	Strengthened knowledge on VAW prevention and response.
4	Two Day Training of 100 Girls leaders on Human Rights and Gender in development each year in 3 batches	100	Improved understanding of rights and gender equality.
5	Review meetings of Team	24	Monitoring progress and improving program
6	Celebration of IDG, Menstrual Hygiene Day, Women's Day, and Human Rights Day	4	Advocacy and awareness on key issues.
7	Two Day Training of 100 Girls leaders on Menstrual Hygiene Management each year in 3 batches	100	Improved menstrual health knowledge and practices.
8	Meeting with stakeholders	4	Strengthening collaboration and support.
9	District Level Kishori Mela	1	Platform for adolescent girls to showcase talent and share experiences.
10	3 Days Training of Staff and Volunteers	1	Capacity building for effective implementation.
11	Exposure visit of each Girls Group	20	Learning and skill enhancement.
12	Two Day Training of 100 Girls leaders on Self Defence each year in 3 batches	100	Improved safety and confidence among girls.
13	Annual Sports Day among Girls	1	Promoting physical health and teamwork.
14	Midline survey	525	Measuring project impact and progress.
15	Meetings with community	240	Community mobilization and increased participation.
16	Reporting and Documentation	12	Ensuring transparency and accountability.

PHOTOGRAPHS



Laying the Foundation: Baseline Survey

Comprehensive data collection from adolescents to assess knowledge, behavior, and needs before project interventions.

PHOTOGRAPHS



Building Partnerships: Meeting with Stakeholders

Quarterly meetings with local leaders and institutional stakeholders to review progress and ensure collective ownership.

PHOTOGRAPHS



Strengthening Teams: 2024-3 Days Training of Staff and Volunteers

Skill-building program to equip project staff and volunteers with tools for effective facilitation and community engagement.

PHOTOGRAPHS



Engaging Minds: Meeting with Adolescents Group
Interactive group discussions with adolescent girls to build awareness on health, rights, and self-development.

PHOTOGRAPHS



Engaging Minds: Meeting with Adolescents Group
Interactive group discussions with adolescent girls to build awareness on health, rights, and self-development.

PHOTOGRAPHS



Confidence Through Strength: Two-Day Self-Defence Training for Girl Leaders

Hands-on training conducted to equip adolescent girls with self-defence techniques, enhancing their safety and confidence.

PHOTOGRAPHS



Unity in Voice: Balika Milan Samaroh

A gathering of adolescent girls across villages, promoting peer bonding, shared learning, and collective inspiration for change.

PHOTOGRAPHS



Celebrating Change: Women's Day Observance

Commemorating Women's Day with community events that highlight empowerment, equality, and the achievements of girls and women.

PHOTOGRAPHS



Celebrating Change: Women's Day Observance

Commemorating Women's Day with community events that highlight empowerment, equality, and the achievements of girls and women.

PHOTOGRAPHS



Empowering Voices: Two-Day Training on Human Rights and Gender
Training sessions for adolescent girls to understand gender equality, human rights, and their role in inclusive development.

PHOTOGRAPHS



Health First: Two-Day Training on Menstrual Hygiene Management

Capacity-building workshops for adolescent girls to improve knowledge and practices around menstrual health and hygiene.

PHOTOGRAPHS



Honoring Empowerment: Mahila Samman Samaroh

A celebration recognizing the leadership and contributions of women and adolescent girls in building inclusive, empowered communities.

PHOTOGRAPHS



Mobilizing for Education and Equality: School Chalo Abhiyan & Ambedkar Pakhvada

Community rally encouraging re-enrollment of dropout children under the 'School Chalo Abhiyan'.

PHOTOGRAPHS



Strengthening Teams: 2025-3 Days Training of Staff and Volunteers

Skill-building program to equip project staff and volunteers with tools for effective facilitation and community engagement.

PHOTOGRAPHS



Strengthening Teams: 2025-3 Days Training of Staff and Volunteers

Skill-building program to equip project staff and volunteers with tools for effective facilitation and community engagement.

MEDIA COVERAGE

किशोरी मिलन समारोह संपन्न



राज चौधरी, संवाददाता
अश्वनी कुमार मिश्रा, उसका बाजार, स्थानीय कस्बा स्थित स्वाभिमान समिति कार्यालय पर अंतरराष्ट्रीय बालिका दिवस से सप्ताह भर, 11 अक्टूबर से 17 अक्टूबर तक बालिकाओं से संपर्क और बैठक के बाद गुरुवार को बालिका मिलन समारोह के साथ साप्ताहिक कार्यक्रम संपन्न हुआ। कार्यक्रम की शुरुवात में किशोरियों के साथ चित्र कला प्रतियोगिता का आयोजन किया गया। तत्पश्चात मुख्य कार्यक्रम में मुख्य अतिथि सामुदायिक स्वास्थ्य केंद्र

उसका बाजार से चिकित्साधिकारी डॉक्टर प्रीति शुक्ला ने किशोरियों को संबोधित करते हुए बताया कि आप सबको मन लगाकर पढ़ना है। और खेलना है। कड़ी मेहनत और दृढ़ संकल्प से ही सफलता हासिल होती है। उन्होंने कहा कि आप लोग अपने अधिकार को जानो तो तुम्हारे साथ बेदभाव और शोषण नहीं होगा। समावृत्ति ने अंतरराष्ट्रीय बालिका दिवस के इतिहास के बारे में बताया गया स्वाभिमान समिति के सचिव विनोद प्रजापति और ममता वर्मा ने भी बालिकाओं को संबोधित किया। मुख्य अतिथि ने चित्रकला में प्रथम स्थान पाने वाली मनीषा चौधरी, दूसरा स्थान पर अमीषा निषाद और तीसरे स्थान पर आने वाली साधना भारती को पुरस्कृत किया। कार्यक्रम का संचालन प्रियंका चौधरी द्वारा किया गया। इस अवसर पर सुमन साहनी, विमलेश, रीता त्रिपाठी सहित दर्जनों गांव से आई सैकड़ों की संख्या में किशोरियां उपस्थित रही।

आत्मरक्षा को बालिकाओं का दो दिवसीय प्रशिक्षण सम्पन्न

उसका बाजार(एसएनबी)। स्वाभिमान समिति उसका बाजार स्थित प्रशिक्षण केंद्र पर किशोरी सशक्तिकरण परियोजना के अंतर्गत ग्रुप लीडर किशोरियों का आत्मरक्षा पर दो दिवसीय प्रशिक्षण सफुल संपन्न हुआ। मुख्य प्रशिक्षक विनोद



अंतर्गत हुआ है।

कुमार प्रजापति, ममता वर्मा, संभावती, सुमन साहनी और प्रियंका चौधरी ने गांवों से चयनित 40 किशोरी बालिकाओं को आत्मरक्षा और सुरक्षा पर दो दिवसीय परामर्श एवं प्रशिक्षण दिया गया। यह प्रशिक्षण किशोरी सशक्तिकरण परियोजना के

MEDIA COVERAGE

अन्तर्रष्ट्रीय महिला दिवस पर संगोष्ठी और समारोह का आयोजन सैकड़ों महिलाओं ने किया प्रतिभाग



राज वॉयस संवाददाता अश्वनी कुमार मिश्रा ।। उसका बाजार, स्थानीय कस्बा स्थित स्वाभिमान समिति के द्वारा अन्तर्रष्ट्रीय महिला दिवस पर संगोष्ठी और समारोह का आयोजन किया गया, जिला नगरीय विकास अभिकरण की परियोजना निदेशक सुनीता सिंह ने दीप प्रज्वलित कर

कार्यक्रम का शुभारम्भ किया, सामुदायिक स्वास्थ्य केंद्र उसका बाजार की चिकित्साधिकारी डॉ प्रीती शुक्ला और स्वाभिमान समिति की अध्यक्षा ममता वर्मा ने भी दीप प्रज्वलित किया, मुख्य अतिथि सुनीता सिंह ने महिला दिवस और महिलाओं के अधिकार की जानकारी दी, उन्होंने महिलाओं को संबोधन

करते हुए कहा कि ईश्वर ने आपको महिला बनाया है तो आपलोग बच्चियों को पढाईये, उसके पोषण का ध्यान रखिये और बहुओं को भी पढने और आगे बढ़ने का अवसर दीजिए, उन्होंने लैंगिक भेद भाव पर भी चर्चा की,

चिकित्साधिकारी डॉ प्रीती शुक्ला ने माहवारी स्वक्षता की जानकारी दी साथ ही कम उम्र में शादी से महिलाओं में होने समस्याओं पर जानकारी दिया, कार्यक्रम को ममता वर्मा, कमरून निशा ने भी संबोधित किया, कार्यक्रम में नाटक के माध्यम से बाल विवाह के दुष्प्रभाव को प्रदर्शित किया गया, कार्यक्रम में दर्जनों महिलाओं और किशोरियों को सम्मानित किया गया,

कार्यक्रम का संचालन मृणाल ने किया इसमें मुख्यरूप से प्रियंका चौधरी, सुमन साहनी, सम्भावती और सुश्रिता आर्या सहित सैकड़ों की संख्या में महिलाएं और किशोरियां उपस्थित रही,

MEDIA COVERAGE

अंतर्राष्ट्रीय मानव अधिकार दिवस पर हुआ गोष्ठी का आयोजन



राज वॉयस सम्वाददाता अश्वनी कुमार मिश्रा ।। सिद्धार्थनगर । स्वाभिमान समिति ट्रेनिंग सेंटर पर किशोरियों एवं महिलाओं के साथ अंतर्राष्ट्रीय मानव अधिकार दिवस मनाया गया। सर्वप्रथम संस्था के सचिव विनोद प्रजापति जी के द्वारा उपस्थित सभी लोगों का स्वागत और अभिनंदन किया गया। संस्था की अध्यक्ष ममता वर्मा ने अपने संबोधन में अंतर्राष्ट्रीय मानव अधिकार दिवस के पृष्ठभूमि के बारे में बताया। संयुक्त राष्ट्र सभा ने 10 दिसंबर 1948 को मानव अधिकार घोषणा पत्र जारी किया और पहली बार मानव के अधिकार के बारे में बात रखी जबकि आधिकारिक रूप से 1950 को शुरू किया गया संयुक्त राष्ट्र सभा ने एक प्रस्ताव 423 वि. रेगुलेशन जारी किया और सभी देश को और संगठनों को अंतर्राष्ट्रीय मानव अधिकार दिवस मनाने आवाहन किया। मानवाधिकार दिवस के प्रस्ताव पर 48 देशों ने हस्ताक्षर किया उसके बाद लागू की किया गया। साथ ही साथ घरेलू हिंसा महिला संरक्षण 2005 अधिनियम के बारे में भी बताया गया।

विनोद जी के द्वारा बताया गया कि इस वर्ष मानवाधिकार दिवस थीम महिलाओं के खिलाफ हिंसा को समाप्त करने के लिए संवैधानिक मूल्यों को कायम रखना रखा गया है। उन्होंने जानकारी देने के साथ ही अपने अधिकारों के बारे में जानना और आगे बढ़ाने के लिए प्रेरित किया गया। मानवाधिकार और मौलिक अधिकार के बारे में विस्तृत जानकारी दी गई। मानवाधिकार पूरे दुनिया में कहीं जाने पर लागू होता है जबकि मौलिक अधिकार जिस देश में रहते हैं उस देश के संविधान के अनुसार प्राप्त होता है। हमारे संविधान ने हमें 6 मौलिक अधिकार दिए हैं सम्मानता का अधिकार, स्वतंत्रता का अधिकार, शोषण के विरुद्ध अधिकार, धार्मिक स्वतंत्रता का अधिकार, शिक्षा एवं संस्कृति का अधिकार, संवैधानिक उपचारों का अधिकार सामिल है।

इस गोष्ठी में दर्जनों लोगों ने अपने विचार रखे। इस कार्यक्रम में संभावती, रुमन, प्रियंका, दीपक, जरीना, रिकी, संगीता सहित सैकड़ों किशोरियां एवं महिलाओं उपस्थित रही।

MEDIA COVERAGE

उसका में मनाया गया महिला दिवस पखवाड़ा

दैनिक बूढ़ का संदेश

उसका बाजार/सिद्धार्थनगर। और महिलाओं ने अपनी कस्बा के कृष्णा नगर वार्ड में समस्याओं पर चर्चा किया।



स्थित स्वाभिमान समिति के कार्यक्रम की मुख्य अतिथि कार्यालय पर शुक्रवार को महिला सामुदायिक स्वास्थ्य केंद्र उसका दिवस (पखवाड़ा) के अवसर पर बाजार की चिकित्साधिकारी डॉ महिला सम्मान समारोह का सानिया सिद्दीकी ने अपने संबोधन आयोजन किया गया। इसमें में कहा कि आपलोग अपनी दर्जनों गांव से आई किशोरियों बच्चियों को खुल के पढ़ने और

खेलने का अवसर दीजिए। ये बहुत आगे जाएंगी। डॉक्टर सानिया ने मासिक स्वच्छता प्रबंधन और महिलाओं के स्वास्थ्य संबंधी समस्याओं से बचाव पर भी जानकारी दी। समारोह को एएनएम सुशीला यादव ने भी संबोधित किया। किशोरियों ने लैंगिक भेदभाव पर एक नाटक भी प्रस्तुत किया। और सांस्कृतिक कार्यक्रम की प्रस्तुति की। स्वाभिमान समिति की अध्यक्ष ममता वर्मा ने महिला दिवस के इतिहास और महत्व पर जानकारी दिया। इस अवसर पर संभावती, सुमन, प्रियंका, रीता आदि रहे।

MEDIA COVERAGE

स्वाभिमान समिति द्वारा किया गया महिला सम्मान समारोह का आयोजन



स्वतंत्र चेतना, उसका बाजार, सिद्धार्थनगर। शुक्रवार को स्वाभिमान समिति द्वारा अपने कार्यालय पर महिला दिवस (पखवाड़ा) के अवसर पर महिला सम्मान समारोह का आयोजन किया गया। इसमें दर्जनों गांव से आई किशोरियों और महिलाओं ने अपनी समस्याओं पर चर्चा किया। कार्यक्रम की मुख्य अतिथि सामुदायिक स्वास्थ्य केंद्र उसका बाजार की चिकित्साधिकारी डॉ सानिया सिद्दीकी ने अपने संबोधन में कहा कि आपलोग अपनी बच्चियों को खुल के पढ़ने और खेलने का अवसर दीजिए। ये बहुत आगे जाएंगी। डॉक्टर सानिया ने मासिक स्वच्छता प्रबंधन और महिलाओं के स्वास्थ्य संबंधी समस्याओं से बचाव पर भी जानकारी दी। समारोह को एएनएम सुशीला यादव ने भी संबोधित किया। किशोरियों ने लैंगिक भेदभाव पर एक नाटक भी प्रस्तुत किया। और सांस्कृतिक कार्यक्रम की प्रस्तुति की। स्वाभिमान समिति की अध्यक्षा ममता वर्मा ने महिला दिवस के इतिहास और महत्व पर जानकारी दिया। कार्यक्रम का संचालन पिरामल फाउंडेशन की मृणाल ने किया। इस कार्यक्रम में 120 से ज्यादा महिलाओं और किशोरियों ने प्रतिभाग किया। इसमें मुख्य रूप से संभावती, सुमन, प्रियंका, रीता उपस्थित रही।

MEDIA COVERAGE

किशोरी सशक्तीकरण परियोजना के अंतर्गत स्टाफ और वॉलंटियर का तीन दिवसीय प्रशिक्षण प्रारम्भ



राज वॉयस संवाददाता
अश्वनी कुमार मिश्रा ।।
सिद्धार्थनगर । स्वाभिमान समिति द्वारा
किशोरी सशक्तीकरण परियोजना के
अंतर्गत स्टाफ और वॉलंटियर का
तीन दिवसीय प्रशिक्षण, सिद्धार्थनगर
स्थित होटल लगन पैलेस में प्रारंभ
हुआ। प्रशिक्षण का शुभारंभ राष्ट्रीय
स्वास्थ्य मिशन के जिला कार्यक्रम
प्रबंधक राजेश कुमार शर्मा द्वारा दीप

प्रज्वलित कर किया गया। राजेश
शर्मा जी ने अपने संबोधन में कहा
कि आपलोग बहुत बेहतर काम कर
रहे हैं। एक अच्छी टीम तैयार हो
गई है। महिला शक्ति को एक नई
दिशा देने के लिए आप सबको बहुत
बहुत बधाई और शुभकामनाएं। भीइस
प्रशिक्षण कार्यक्रम में स्टाफ और
वालंटियर को माहवारी स्वच्छता प्रबं
न, महिलाओं के विरुद्ध हिंसा,

लड़कियों का पढ़ाई जारी रखना,
कम उम्र में शादी के दुष्प्रभाव,
लड़कियों का खेल में प्रतिभाग बढ़ाने
जैसे मुद्दे पर प्रशिक्षित किया जाएगा।
इस प्रशिक्षण कार्यक्रम में 20
वॉलंटियर और 6 स्टाफ को प्रशिक्षित
किया जाएगा। प्रशिक्षक के रूप में
ममता वर्मा, संभावती, सुमन साहनी,
प्रियंका चौधरी और विनोद कुमार
प्रजापति उपस्थित रहे।

MEDIA COVERAGE

विश्व माहवारी स्वच्छता दिवस पर जागरूकता कार्यक्रम का आयोजन

सोहास बाजार (सिद्धार्थनगर)। मासिक स्वच्छता पर समाज में सहयोग संस्था लखनऊ और चुप्पी तोड़ने और जानकारी के स्वाभिमान समिति के संयुक्त अभाव में असावधानियों से होने तत्वावधान में 28 मई रविवार को विश्व माहवारी स्वच्छता दिवस के आंगनवाड़ी गीता प्रजापति और



अवसर पर क्षेत्र के ग्राम विशुनपुर आशा रेनू जी ने मासिक स्वच्छता में जागरूकता कार्यक्रम का की बिंदुवार जानकारी दी। आयोजन किया गया। इसके पिरामल फाउंडेशन के सत्येन्द्र

सिंह जी ने माहवारी पर चुप्पी तोड़ने और खुलकर बात करने की आवश्यकता पर जोर देते हुए माहवारी से जुड़े भांतियों पर चर्चा किया। महिलाओं और किशोरियों में खून की कमी, उसके खतरों तथा उसे दूर करने के उपायों की जानकारी दी। फैजान जी ने इस तरह के कार्यक्रमों को नियमित जारी रखने का आह्वान किया। इस कार्यक्रम में पुरुषों की चुप्पी टूटी और महिला, किशोरियों के साथ इस मुद्दे पर खुलकर चर्चा हुआ। कार्यक्रम का संचालन स्वाभिमान समिति के सचिव विना. द प्रजापति ने किया। कार्यक्रम में मुख्य रूप से विमलेश यादव, रामनेवास, बुद्धिराम, शिवांग मिश्र, गुड्डू, अरिता प्रजापति ज्ञानमती सहित अनेक लोग उपस्थित रहे।

Success Story

Title: Shivanjali's New Beginning

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Priyanka Chaudhary

Location: Banagaon, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In the remote village of Banagaon, 8-year-old Shivanjali had stopped attending school after her name was struck off the roll. Her mother made repeated attempts to re-enroll her but was unsuccessful due to administrative and social challenges. As time passed, the dream of continuing her education started to fade.

The Challenge

- Shivanjali was out of school despite her mother's efforts to get her re-admitted.
- The family faced economic hardships and lacked support from the school.
- With no means to resolve the situation, her education was halted, risking long-term dropout.

The Turning Point

When TCF Priyanka Chaudhary visited the village under the Kishori Sashaktikaran Pariyojna, she came across Shivanjali's case during community interaction. Understanding the urgency and importance of early childhood education, she decided to intervene.

Intervention by the Organization

- Priyanka personally met the Headmaster of Kotwa Primary School, Mr. Vivah Yadav.
- She explained the situation and advocated for Shivanjali's immediate re-enrollment.
- With sustained effort and assurance from TCF, the school finally accepted the child back.

Transformation

- Shivanjali now attends school regularly and joyfully.
- Her interest in studies has reignited, and she actively participates in class.
- Her story inspired other families in the village to prioritize girls' education.

Conclusion

Shivanjali's journey from exclusion to education exemplifies how timely community intervention and advocacy can restore a child's right to learn. With renewed confidence and the support of her peers, Shivanjali walks into her school every day—eyes gleaming with dreams and heart brimming with hope.

Acknowledgment

This transformation was made possible by the dedicated efforts of TCF Priyanka Chaudhary, whose consistent community engagement ensured that even the youngest voices are heard and supported.

Success Story

Title: Vandana Finds a New Path

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Priyanka Chaudhary

Location: Banagaon, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In the quiet lanes of Banagaon, a young girl named Vandana stood at a difficult crossroads in life. After the untimely death of her father, her family was left in deep financial crisis. Dreams were put on hold, and daily survival became the primary concern.

The Challenge

- Vandana belonged to a marginalized family with no stable income source.
- The loss of her father pushed the family into emotional and financial instability.
- With limited opportunities in the village, Vandana struggled to support her household or envision a way forward.

The Turning Point

During a village visit under the Kishori Sashaktikaran Pariyojna, TCF Priyanka Chaudhary met Vandana's mother—an ASHA worker—who shared Vandana's situation. Recognizing her potential, Priyanka offered Vandana a chance to serve as a community volunteer with the project.

Intervention by the Organization

- Vandana joined as a Volunteer Facilitator under the project.
- She received an honorarium of ₹1,000 per month, which she used to contribute to her family's needs.
- With guidance from Priyanka and the support of the team, Vandana gained confidence in leading group sessions and connecting with adolescent girls in her area.

Transformation

- Vandana not only supported her family but also found a renewed sense of purpose.
- Her work gave her financial independence and restored her self-esteem.
- She became a role model for other girls in the village, showing that resilience and opportunity can reshape even the toughest paths.

Conclusion

Vandana's story is a testament to the power of empowerment through engagement. A simple opportunity—paired with trust and mentorship—helped her rewrite her future. Today, she walks with her head held high, proud of the change she has brought to her family and community.

Acknowledgment

Sincere thanks to TCF Priyanka Chaudhary for her compassion and action-oriented leadership that helped Vandana transform her hardship into strength and social contribution.

Success Story

Title: Sanjoo's Dream Revived

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Suman Devi

Location: Mudila Deeh, Gram Panchayat Paraspur, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In a remote corner of Siddharthnagar, where educational access remains a challenge, 15-year-old Sanjoo once believed her dream of studying further had ended. Living in a large family with limited income, she had dropped out of school after completing class 8. Distance from school and financial pressure had forced her to give up.

The Challenge

- Sanjoo lived in a seven-member household where her father worked as a migrant laborer and her family survived on just 10 mandis of farmland.
- With economic constraints and a school far from home, continuing education felt impossible.
- The lack of awareness and support compounded the problem, making dropout seem final.

The Turning Point

In February 2024, the Kishori Sashaktikaran Pariyojna team began its work in Sanjoo's village. During a community meeting, TCF Suman Devi identified Sanjoo's case and engaged her and her family in conversations about the importance of girls' education and future self-reliance.

Intervention by the Organization

- Sanjoo was encouraged to express her aspirations and the team helped her rebuild confidence.
- Suman Devi personally met with her parents, addressing their concerns about school distance and safety.
- With project support and renewed parental consent, Sanjoo was enrolled into Class 9 at Mahatma Gandhi Inter College, Bridgemanganj.

Transformation

- Sanjoo now attends school regularly, energized by a sense of purpose and hope.
- Her family, once hesitant, now actively supports her education.
- She has become a motivational figure for other girls in her village, proving that education is possible despite obstacles.

Conclusion

Sanjoo's journey from dropout to determined student highlights the transformative power of timely intervention. What once seemed like the end of her academic path has now turned into a new beginning—powered by belief, support, and the right opportunity.

Acknowledgment

Thanks to TCF Suman Devi and the Kishori Sashaktikaran Pariyojna team for enabling Sanjoo's return to education and lighting the way for many more girls in similar circumstances.

Case Study

Title: Kavita's Determination to Continue Education

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Sambhawati

Location: Murihwa Tola, Gram Panchayat Murihwa, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In Murihwa village of Siddharthnagar, 13-year-old Kavita, a bright student and a regular participant of the Kishori Sashaktikaran Pariyojna, faced an unexpected halt in her education. Despite completing class 5, her parents believed that further studies were unnecessary for a girl, especially when household chores awaited.

Challenges Faced

- Cultural norms and gender bias led to the belief that education is more valuable for boys.
- Kavita's brother was allowed to continue schooling, but she was told to stay home and learn domestic work.
- Her desire to study further was met with resistance and discouragement.

Intervention by the Organization

During a group session on July 16, 2024, TCF Sambhawati noticed Kavita's concern and engaged her in a conversation. Realizing the issue, the facilitator took a proactive step to meet with her parents.

She discussed the importance of equal opportunity in education and explained how gender should not determine access to learning. Parents were assured that learning household skills could go hand-in-hand with formal education.

Implementation and Results

- The dialogue helped shift parental perspective, enabling them to support both children equally.
- Kavita and her brother were enrolled together in Purva Madhyamik Vidyalaya, Madanpur.
- Kavita now attends school daily with her brother, carrying her books and a renewed sense of purpose.

Impact

- Kavita's case sparked conversations in the community about gender fairness in education.
- Her parents, once hesitant, now encourage her dreams and share her story with others.

- This successful enrollment of both siblings became a model case of balanced parenting and equal rights.

Conclusion

Kavita's story reflects the powerful change that community-based facilitation can bring. With timely support from the project, she reclaimed her right to education and opened a door of possibilities—not just for herself, but for other girls facing similar barriers.

Acknowledgment

We recognize the efforts of TCF Sambhawati for advocating gender equality and enabling Kavita's journey toward empowerment through education.

Case Study

Title: Empowerment Through Sports: Girls to Women

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Sambhawati

Location: Ajgara Tola Talbaghiya, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In Ajgara Tola Talbaghiya, under the Kishori Sashaktikaran Pariyojna, adolescent girls from age groups 10–13 and 14–19 regularly participated in interactive sessions combining learning with sports. While the original goal was to foster confidence and health awareness among young girls, the ripple effect of these sessions reached far beyond the project's initial scope.

Challenges Faced

- Initially, women in the village remained spectators, hesitant to engage in sports-based activities.
- There was social hesitation about women engaging in playful or physical activities in public.
- Lack of opportunities for adult women's recreation or group engagement.

Intervention by the Organization

During monthly meetings, TCF Sambhawati facilitated inclusive sports sessions that became lively and engaging. The visible joy and energy among adolescent girls sparked curiosity among nearby women.

Recognizing their interest, women like Radhika, Sumitra, and Bimla requested to join the games during their own group meetings. TCF welcomed their participation and began incorporating simple recreational activities in Mahila Mandal sessions as well.

Implementation and Results

- For the first time, adult women actively participated in structured sports and games.
- This initiative created a safe and joyful space for women to engage in physical activity.
- Intergenerational bonding improved as younger girls and older women played together and supported one another.

Impact

- The project transcended its initial adolescent focus, influencing adult behavior and community norms.
- Women reported increased energy, joy, and confidence from participating in group activities.
- The visibility of women's engagement in sports helped challenge local gender norms around age-appropriate behavior.

Conclusion

The case of Ajgara Tola Talbaghiya highlights how a program aimed at adolescent girls can organically lead to community-wide empowerment. What began as a safe space for play became a platform for inclusion, dialogue, and joy—not just for girls, but for women across generations.

Acknowledgment

We appreciate the leadership of TCF Sambhawati, whose openness to evolving community needs helped bridge generations and extend the impact of empowerment through the universal language of play.

Case Study

Title: Empowerment Through Education: Shivanjali's Case

Project Name: Kishori Sashaktikaran Pariyojna

TCF Name: Priyanka Chaudhary

Month: August 2024

Location: Banagaon, Block Uska Bazar, District Siddharthnagar, Uttar Pradesh

Introduction

In the rural village of Banagaon, 8-year-old Shivanjali had been out of school for several months. Despite her mother's repeated attempts to get her re-enrolled after her name was struck off, the school authorities remained unresponsive. The family's lack of awareness of their rights and hesitation to challenge official procedures meant Shivanjali's education came to an abrupt halt. This situation reflects the intersection of systemic failure and gendered vulnerability, especially for young girls in marginalized areas.

Challenges Faced

- Institutional Apathy: Multiple attempts at re-enrollment were denied without valid reason.
- Parental Powerlessness: Her mother's efforts failed due to lack of advocacy support.
- Early Educational Disruption: The child's foundational learning years were at risk.
- Psychological Distress: Shivanjali's motivation and hope began to wane.

Intervention by the Organization

During a field visit, TCF Priyanka Chaudhary identified the issue and took decisive steps:

- Engaged directly with the principal of Government Primary School, Kotwa.
- Explained the case through a child rights and gender equity lens.
- Ensured the school administration fulfilled its duty to enroll the child.
- Reinforced the message that education is a right, not a privilege.

This intervention went beyond individual support—it challenged systemic neglect and reasserted the accountability of public institutions.

Implementation and Results

- Shivanjali's enrollment was completed successfully.
- She now attends school regularly with enthusiasm and consistency.
- Her participation has improved both in academics and peer interaction.
- The school staff, including the principal, have become more receptive and aware of their responsibilities.

Impact

- Shivanjali became a visible example of transformation in the community.
- Other families were encouraged to speak up against education-related hurdles.
- The case has sparked greater confidence among parents, especially mothers, to engage with school systems.
- Teachers now show increased sensitivity toward enrollment and retention, particularly of girls.

Conclusion

This case is not just about a girl returning to school; it's about restoring dignity, opportunity, and systemic accountability. It shows how grassroots interventions—when driven by informed, empathetic actors like TCFs—can dismantle institutional inertia and help rebuild futures. Shivanjali's story is a reminder that change doesn't always require grand reforms—it often starts with someone asking the right question at the right time.

Acknowledgment

Deep gratitude to TCF Priyanka Chaudhary, whose dedication and field-level advocacy turned a quiet crisis into a catalyst for community awareness and institutional reform. Her effort reflects the spirit and power of the Kishori Sashaktikaran Pariyojna.

Thank
you!



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