



# ANNUAL REPORT 2024-2025



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2024–2025

# Secretary's Message



**Dear Members, Partners, and Friends,**

It is my pleasure to share Swabhiman Samiti's Annual Report for 2024–2025, a year in which we deepened our impact through innovative programmes and strong collaboration. Each programme addressed critical community needs and aligned with our priorities in health, education, and gender equity. Our work focused on four major initiatives:

- **Project Chhalaang** introduced physical literacy and social-emotional learning across 50 rural schools in Siddharthnagar, improving students' fitness, coordination, and teamwork skills.
- **Digital Classroom Program at KGBV ITWA** partnered with eVidyaloka to equip girls with essential computer skills and spark interest in STEM, achieving over 90 percent completion and high participation rates.
- **eVidyaloka EmpowerEd** Program extended digital learning to 20 KGBV schools in Siddharthnagar and Maharajganj, providing infrastructure, volunteer instruction, and real-time progress tracking.
- **Kishori Sashaktikaran Pariyojna**, in collaboration with the Azim Premji Foundation Grameen and Vikas Sansthan, empowered 525 adolescent girls with sexual and reproductive health education, menstrual hygiene training, and life skills, leading to reduced early marriages and sustained school attendance.

These successes reflect the dedication of our field teams, volunteers, and partners. We thank our donors, government agencies, and community partners for their invaluable support.

On September 4, 2024, Swabhiman Samiti celebrated its 20th Foundation Day at the Uska Bazar office, marking two decades of dedicated service in disaster management, education, health, women's empowerment, and community development. Distinguished guests worshipped Goddess Saraswati and lit the lamp, after which staff, volunteers, beneficiaries, and dignitaries reflected on our journey—from humble beginnings to our current footprint across Siddharthnagar and Maharajganj districts—and recommitted themselves to driving positive change in the years ahead.

As we move into 2025–2026, we will build on this momentum, scaling our interventions to reach more children and communities. Together, we remain steadfast in our mission to empower the next generation—physically, emotionally, and digitally.

With gratitude and warm regards,

Vinod Kumar Prajapati  
Founder & Chief Functionary  
Swabhiman Samiti



# About Organization



Swabhiman Samiti is a non-governmental organization registered under the Society Registration Act 21/1860. It draws inspiration from Gandhian principles such as non-violence (ahinsa), local self-governance (Gram Swaraj), and sustainable livelihoods. Established in 2004, its primary mission is to uplift marginalized individuals and communities. Swabhiman Samiti envisions an India free from poverty, patriarchy, and injustice, where every person can lead a dignified life.

The organization operates in the districts of Mahrajganj, Kushinagar, and Siddharthnagar, where poverty, gender-based violence, and lack of access to basic services are widespread. Swabhiman Samiti works on a variety of thematic areas, including livelihood, education, health, climate change and disaster risk reduction, water and sanitation, etc.

## Vision

An India without poverty, patriarchy, and injustice in which every person has enjoys the right to life with dignity.

## Mission

To work with the poor and excluded people in their struggle to eradicate poverty, patriarchy, and injustice.



About



# Core Areas of work

At Swabhiman Samiti, we pursue a holistic approach to community development, recognising that lasting change arises from addressing interconnected needs. Guided by Gandhian principles—Ahimsa (non-violence), Gram Swaraj (local self-governance) and Rojgaar (sustainable livelihoods)—we concentrate our efforts across eight strategic domains.



**Climate Change  
& Disaster Risk  
Reduction**



**Water &  
Sanitation**



**Adolescent &  
SRHR**



**Women and  
Gender justice**



**Health**



**Education**



**Livelihood**



**Agriculture**

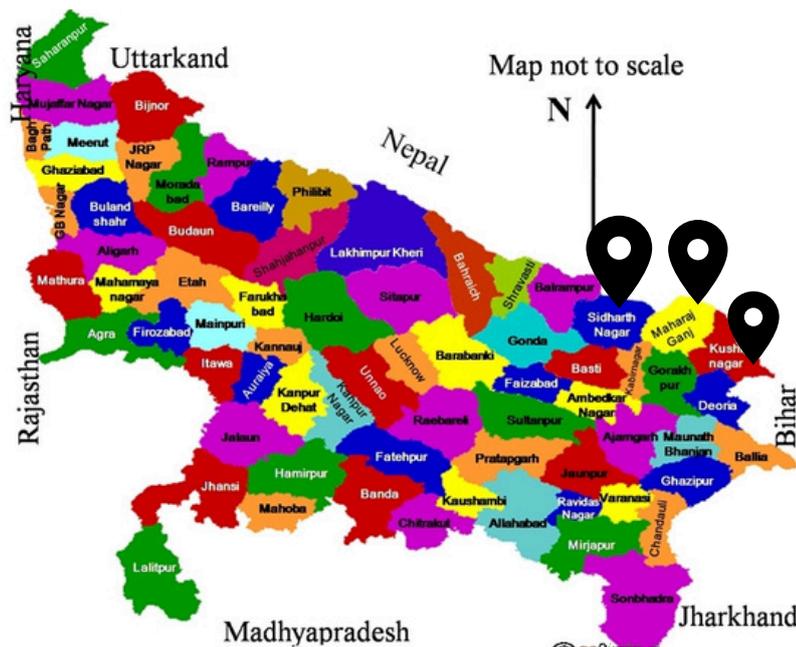


**Community  
Development**

# Our Areas of Impact



Swabhiman Samiti's programmes are centred in three neighbouring districts of eastern Uttar Pradesh—Siddharthnagar, Maharajganj and Kushinagar—where we work hand-in-hand with communities to tackle interlinked challenges. Tailoring each intervention to local needs and cultural contexts, we deliver sustainable solutions across eight strategic domains:



## 01 Siddharthnagar

Siddharthnagar is a district in the northeastern part of Uttar Pradesh, India. It shares an international border with Nepal, making it a strategically significant location. Siddharthnagar an Aspirational District in Uttar Pradesh, focuses on improving health, education, and agriculture while empowering marginalized communities and fostering sustainable development initiatives.

## 02 Maharajganj

Maharajganj, a district in Uttar Pradesh, shares an international border with Nepal, making it strategically and culturally significant. Predominantly rural, its economy is driven by agriculture and small-scale industries. The region faces challenges in education, healthcare, and women's empowerment

## 03 Kushinagar

Kushinagar is a prominent district in Uttar Pradesh, India, known for its spiritual significance as the place where Lord Buddha attained Mahaparinirvana. With a largely agrarian population, the district faces challenges in education, health, rural development, sustainable livelihoods, digital education, and community empowerment.



# OUR PROJECT /PROGRAMMES





Our Project /Programmes

# Project Chhalaang

Project Chhalaang is a joint initiative of Swabhiman Samiti and the ELMS Sports Foundation, launched in April 2024 across 50 government primary schools in the Siddharthnagar district of Uttar Pradesh. Designed to bridge gaps in physical education and social-emotional learning (SEL), the project empowers children with the skills, confidence, and resilience they need both inside and outside the classroom.



Improved Student Leadership

**300** students trained as youth leaders

## Objective

- Enhance overall physical literacy, including endurance, strength, balance, and coordination.
- Foster social-emotional competencies—self-awareness, empathy, teamwork, and emotional regulation—through structured play and reflection.
- Build teacher capacity to integrate SEL and physical activities into daily lesson plans.
- Stimulate community support for regular PE classes and active lifestyles.



## Our Project /Programmes

# Project Chhalaang

### Key Activities

1. **Baseline Assessment:** Conducted physical fitness and SEL surveys for 3,000 students to tailor the curriculum.
2. **Teacher Training:** Delivered five 2-day workshops for 75 PE instructors on age-appropriate drills, game-based learning, and SEL facilitation.
3. **Student Sessions:** Rolled out twice-weekly 45-minute PE modules combining athletics, team sports, mindfulness exercises, and peer-learning circles.
4. **Community Engagement:** Organized monthly “Sport for All” days inviting parents and local leaders to observe and participate in children’s activities.
5. **Monitoring & Evaluation:** Used a mobile app to track attendance, skill acquisition, and SEL growth through pre- and post-program assessments.

### Achievements

- Physical fitness scores rose by an average of 30 percent.
- Over 85 percent of students demonstrated improved teamwork and emotional regulation.
- Teacher confidence in delivering PE and SEL content increased by 60 percent.
- Active community participation resulted in two newly renovated playgrounds.
- 300 students trained as youth leaders

### Sustainability & Next Steps

Building on these successes, Swabhiman Samiti will integrate Chhalaang’s curriculum into education plans, train an additional teachers in 2025, and secure government and corporate partnerships to expand the model to neighbouring districts.



Our Project /Programmes

# Project Chhalaang

## Key Activities





Our Project /Programmes

# Digital Classroom Program

The Digital Classroom Program at Kasturba Gandhi Balika Vidyalaya (KGBV) ITWA, Siddharthnagar, is a collaboration between Swabhiman Samiti and eVidyaloka. It aims to bridge the digital divide for rural girls by equipping them with foundational computer skills and fostering enthusiasm for STEM (Science, Technology, Engineering, Mathematics).



Completion Rate

# 92%

students completed the full curriculum

## Objective

- Provide hands-on training in basic computer operations, internet navigation, and office applications.
- Cultivate interest in STEM subjects through project-based learning and interactive lessons.
- Improve learning outcomes and digital confidence among girls in grades 6–10.
- Build local capacity for sustained digital education through teacher and assistant training.



Our Project /Programmes

# Digital Classroom Program

## Key Activities

1. **Infrastructure Setup:** Installed computers, projectors, speakers, and reliable internet connectivity in the school's digital lab.
2. **Teacher & Assistant Training:** Conducted three intensive workshops for class assistants and teachers on digital pedagogy, e-learning platforms, and troubleshooting.
3. **Volunteer-Led Sessions:** Engaged eVidyaloka volunteer teachers to deliver twice-weekly interactive lessons on coding basics, digital research, and virtual experiments.
4. **STEM Clubs:** Established after-school clubs where students collaborated on mini science projects and presentations.
5. **Progress Tracking:** Monitored attendance, skill mastery, and engagement using an online dashboard, with fortnightly feedback loops.

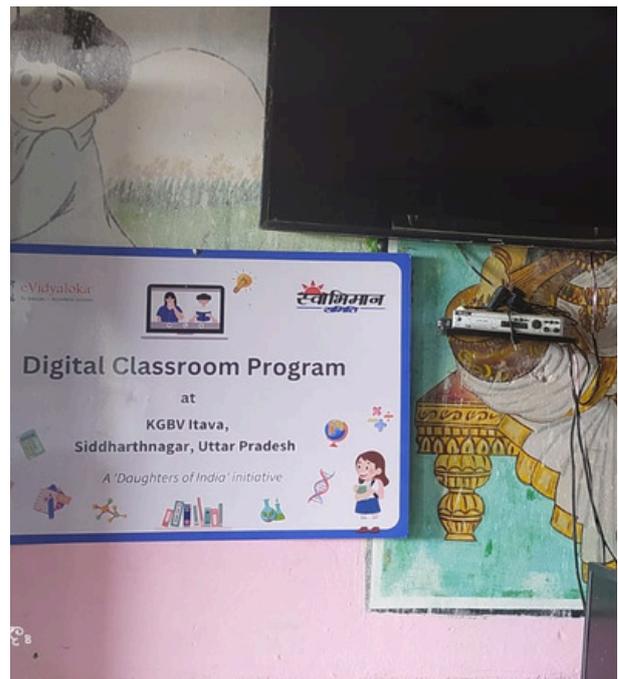
## Achievements

- **Completion Rate:** 92 percent of enrolled students completed the full curriculum.
- **Skill Gains:** Average post-test scores rose by 45 percent in digital literacy assessments.
- **STEM Engagement:** Over 60 percent of participants joined STEM clubs and presented projects to peers.
- **Recognition:** Two top performers awarded scholarships for district-level STEM fairs.

Our Project /Programmes

# Digital Classroom Program

## Key Activities





Our Project /Programmes

# eVidyaloka EmpowerEd: Digital Literacy Program

Launched in June 2024 in collaboration with eVidyaloka and implemented by Swabhiman Samiti, the EmpowerEd program brings high-quality digital learning to 20 Kasturba Gandhi Balika Vidyalaya (KGBV) schools across Siddharthnagar and Maharajganj districts. By installing digital classrooms and pairing them with volunteer-driven online instruction, EmpowerEd aims to bridge the rural digital divide and foster academic growth.



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Kardaha, Uttar Pradesh 273305, India  
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Full Infrastructure Roll-out

# 20 KGBV

schools operational with fully  
equipped digital classrooms

## Objective

- Equip girls with foundational digital skills (computer operation, internet use, basic productivity software).
- Enhance interest and confidence in STEM subjects through interactive, project-based learning.
- Build local capacity by training class assistants and teachers in e-pedagogy and classroom maintenance.
- Establish a scalable model for digital education that can be replicated in neighbouring districts.



Our Project /Programmes

# eVidyaloka EmpowerEd: Digital Literacy Program

## Key Activities

1. **Digital Lab Setup:** Installed computers, projectors, webcams, speakers, and secured broadband connectivity in each of the 20 KGBV schools.
2. **Capacity Building:** Conducted four two-day workshops for 60 class assistants and teachers on digital teaching tools, lesson planning, and basic hardware troubleshooting.
3. **Volunteer Engagement:** Recruited and oriented 30 eVidyaloka volunteer teachers to deliver twice-weekly live lessons in English, maths, science, and digital skills.
4. **STEM Project Clubs:** Facilitated after-school STEM clubs where students collaborated on coding challenges, virtual science experiments, and multimedia presentations.
5. **Monitoring & Feedback:** Utilized an online dashboard to track student attendance, assignment completion, and skill mastery; held monthly review meetings with school leadership.

## Achievements

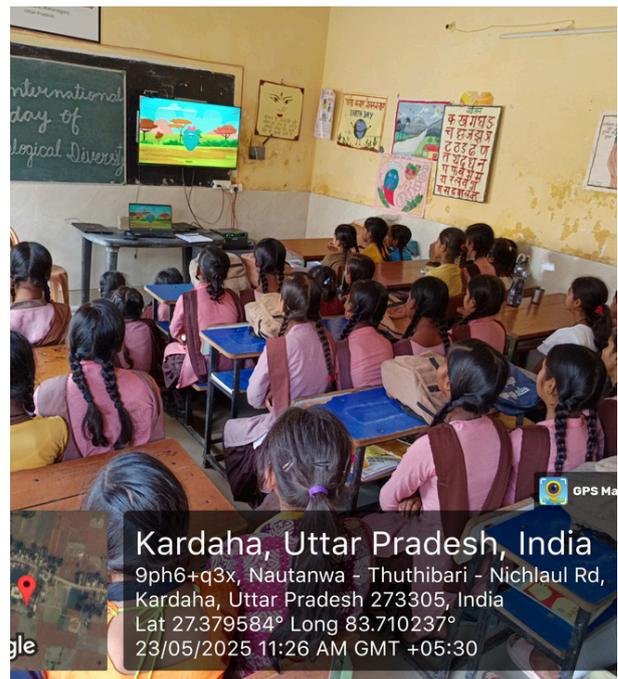
- **Full Infrastructure Roll-out:** All 20 schools operational with fully equipped digital labs within two months.
- **High Participation:** 94 % average attendance in digital sessions, with 88 % of students completing the full curriculum.
- **Skill Improvement:** Post-program assessments showed a 50 % average increase in digital literacy scores.
- **Teacher Readiness:** 85 % of trained assistants and teachers reported confidence in continuing digital lessons independently.
- **Positive Stakeholder Feedback:** School principals and parents reported marked improvements in students' engagement and classroom performance.



Our Project /Programmes

# eVidyaloka EmpowerEd: Digital Literacy Program

Key Activities



Our Project /Programmes

# Kishori Sashaktikaran Pariyojna

Implemented in 2024 by Swabhimansamiti in partnership with the Azim Premji Foundation Grameen and Vikas Sansthan, the Kishori Sashaktikaran Pariyojna empowers adolescent girls in the Uska Bazar block of Siddharthnagar district. Focusing on sexual and reproductive health and rights (SRHR), menstrual hygiene, early-marriage prevention, and life skills, the project leverages community engagement, peer education, and capacity building.



Equip

# 525

adolescent girls with  
comprehensive SRHR  
knowledge

## Objective

- Equip 525 adolescent girls with comprehensive SRHR knowledge and safe menstrual-hygiene practices.
- Prevent early marriage through awareness campaigns and community dialogue.
- Improve school retention and encourage continued education.
- Develop leadership and life-skills via youth clubs and peer-mentoring.



## Our Project /Programmes

# Kishori Sashaktikaran Pariyojna

### Key Activities

1. **Baseline Survey:** Assessed SRHR awareness, menstrual hygiene practices, and school-attendance patterns among 525 girls.
2. **Peer-Educator Training:** Trained 30 adolescent girls as peer educators to deliver interactive SRHR sessions and model hygienic behaviours.
3. **Community Workshops:** Held monthly village-level workshops with parents, teachers, and local leaders on the harms of early marriage and the importance of girls' education.
4. **Life-Skills Camps:** Organized four two-day camps covering decision-making, communication, self-esteem, and goal-setting.
5. **Kishori Groups:** Established 20 "Kishori Clubs" to sustain peer support, discussion forums, and mentorship activities.
6. **Exposure Visits:** Organized visits to health centres and vocational training institutes, broadening girls' horizons and aspirations.
7. **Kishori Mela:** District-level fest showcasing girls' projects and performances, inaugurated by school principals and district officers to celebrate achievements and galvanize wider community support.

### Achievements

1. **SRHR Knowledge:** 90 % of participants demonstrated accurate understanding of reproductive health and rights in post-tests.
2. **Menstrual Hygiene:** 85 % adopted safe practices—use of sanitary materials and proper disposal methods.
3. **Early Marriage Reduction:** Reported a 40 % decrease in early-marriage intentions within participating villages.
4. **Attendance Gains:** School retention among participants improved by 25 %.
5. **Youth Leadership:** 20 peer educators actively mentor over 525 younger girls.



Our Project / Programmes

# Kishori Sashaktikaran Pariyojna

## Key Activities





## Our Project /Programmes

# Climate Change & Disaster Risk Reduction Program

On June 15, 2024, Swabhiman Samiti convened its annual Climate Change & Disaster Risk Reduction (CC & DRR) Program at Uska Bazar, focusing on advanced early-warning systems, safety, and climate-smart adaptation measures to further bolster community resilience.



Participants

# 120

stakeholders

### Key Highlights

**Participants:** 120 stakeholders (60 farmers, 40 women's SHG members, 15 school teachers, 5 local officials)

**Focus Areas:**

- Pilot flood alerts and village siren network
- Refresher workshops on VDMP review with updated climate data
- Formation of School Disaster Management Teams and realistic mock drills
- Hands-on rooftop rainwater harvesting installations
- Demonstrations of climate-resilient cropping and soil conservation techniques

**Key Outcomes:**

- 10 VDMPs updated with real-time early-warning protocols
- SMS alert system operational in 4 pilot villages
- 12 rainwater harvesting units installed in schools and community centres
- 25 teachers & youth trained as School Safety Coordinators
- 1,200 saplings planted with 88% six-month survival rate



## Our Project /Programmes

# Agriculture-Based Livelihood Program

The Agriculture-Based Livelihood Program, implemented by Swabhiman Samiti in collaboration with the District Agriculture Office and Krishi Vigyan Kendra, aimed to strengthen farm resilience and income for smallholders in the Uska Bazar block of Siddharthnagar District, Uttar Pradesh. Running in 2024 – 25, the project prioritized climate-smart practices, water-management technologies, organic input production, value addition, and digital market linkages.



Participants

**200**  
Farmers

### Key Highlights

**Participants:** 200 marginalized and small women farmers

**Focus Areas:**

- Precision sowing, soil-moisture monitoring, and drought-tolerant crop selection.
- Hands-on support for installing drip and sprinkler irrigation systems.
- Vermicompost pit construction and bio-pesticide formulation workshops.

**Key Outcomes:**

- 38% of trainees installed systems, reducing water use by 30%.
- 46% set up vermicompost pits, cutting synthetic input costs by 40%.
- 60 Kisan Credit Cards issued; 55 farmers insured under Pradhan Mantri Fasal Bima.



# MAJOR EVENTS



## Major Events

# Sports Material Distribution in 50 Pre-Secondary Schools

In collaboration with the ELMS Sports Foundation, Swabhiman Samiti distributed essential sports equipment to 50 pre-secondary schools across Siddharthnagar district. The drive reached 32 schools in the Uska Bazar block and 18 schools in the Lotan block—including Kasturba Gandhi Balika Vidyalaya, Uska Bazar—to strengthen physical-education infrastructure and boost student engagement in sports.



Improved access  
to quality sports  
gear

# 50

Upper Primary  
Schools

### Key Highlights

**Objective:** Enhance sports facilities and encourage regular physical activity among students to support holistic development.

**Key Figures:**

Dr. Vinod Kumar Prajapati, Secretary, Swabhiman Samiti

Mr. Mahendra Kumar, Block Education Officer

**Impact:**

- Improved access to quality sports gear across 50 schools
- Increased student participation in physical-education classes
- Laid the foundation for ongoing extracurricular sports programmes, promoting balanced physical and academic growth.

## Major Events

### Women’s Day Celebration and Women’s Honoring Ceremony

In March 2025, Swabhiman Samiti organized a Women’s Honoring Ceremony at its office to celebrate International Women’s Day. The event provided a platform for women and adolescent girls from various villages to share their challenges and aspirations while highlighting the importance of women’s empowerment, health, and education. The ceremony brought attention to key issues such as gender equality and provided an opportunity for open discussions in a supportive community environment.



Engaged over

# 120

women and adolescent girls

#### Key Highlights

Objective: Celebrate women’s achievements, raise awareness about health and rights, and promote gender equality.

#### Key Figures:

- Dr. Saniya Siddiqui, Medical Officer
- ANM Sushila Yadav

#### Impact:

- Engaged over 120 women and adolescent girls in discussions on empowerment, health, and education
- Spotlighted gender-discrimination issues through cultural performances and peer-led skits
- Fostered a supportive community network, paving the way for ongoing women’s forums and advocacy initiatives

## Major Events

### Three-Day Training under the Adolescent Empowerment Project

From May 19 to May 21, 2024, Swabhiman Samiti conducted a three-day training under the Kishori Sashaktikaran Pariyojna (Adolescent Empowerment Project) in Siddharthnagar District. This initiative empowered adolescent girls by equipping them with essential knowledge and skills on sexual and reproductive health, menstrual hygiene management, leadership, and overall personal development. The program also fostered peer support networks and provided a platform for girls to share challenges and build confidence.



Established strong

# 20

peer-support  
networks

### Key Highlights

Objective: Empower adolescent girls and foster community engagement through SRHR education, menstrual hygiene management, leadership development, and prevention of early marriages.

#### Key Figures:

- 20 Adolescent Groups leader
- 26 Field staff trained

#### Impact:

- Established strong 20 peer-support networks among participants
- Enhanced capacity of field staff to deliver trauma-informed, stigma-free SRHR sessions
- Laid the groundwork for ongoing adolescent empowerment and follow-up activities

## Major Events



# International Menstrual Hygiene Day Celebrated

To mark International Menstrual Hygiene Day, Swabhiman Samiti, in collaboration with the Community Health Center Uska Bazar, organized an awareness program at the Swabhiman Samiti office in Sekhui, Uska Bazar to raise awareness about menstrual hygiene, address challenges girls and women face during menstruation, and promote healthy hygiene practices.



Over

# 150+

girls and women  
participated

### Key Highlights

**Objective:** Raise awareness about menstrual hygiene, dispel myths, and encourage safe practices and medical consultation.

**Key Figures:**

- Dr. S.K. Patel, Superintendent, Community Health Center Uska Bazar
- Dr. Preeti Shukla, Medical Practitioner
- Satyendra Ji, Community Advocate
- Sambhavati, Program Coordinator, Swabhiman Samiti
- Over 150 girls and women participants

**Impact:**

- Skit by adolescent girls creatively debunked common menstrual myths
- Participants empowered to use sanitary pads correctly and maintain hygiene
- Encouraged timely medical consultation for menstrual health concerns
- Fostered a supportive community dialogue around menstruation

## Major Events

### Two-Day Training on Digital Literacy for Class Assistants and FC

Swabhiman Samiti, in collaboration with eVidyaloka, organized a two-day training session on digital literacy for class assistants and facilitators at Kasturba Gandhi Residential School. Held on July 1–2, 2024 at Hotel White Palace, Naugarh, the event aimed to enhance the digital teaching capabilities of 20 class assistants to ensure effective online education delivery.



Participants

# 20

Class Assistants

### Key Highlights

**Objective:** Equip class assistants with essential digital literacy skills to facilitate online classes and support students' learning.

**Key Figures:**

- Dharmendra Pal, Block Education Officer, Naugarh (Inaugurator)
- Khyati Srinivas Upantika, Session Lead
- Mamata Verma, Program Coordinator
- Vinod Prajapati, Swabhiman Samiti Representative
- 20 Class Assistants (Participants)

**Impact:**

- Enhanced proficiency in digital platforms (video conferencing, LMS, interactive tools) among class assistants
- Increased confidence and competence in managing and delivering online classes
- Established a sustainable support network to continue digital learning initiatives at Kasturba Gandhi Residential School



## Major Events

# Digital Classroom Setup Initiative by Swabhiman Samiti

On 29th July 2024, Swabhiman Samiti launched a transformative initiative to set up digital classrooms in 20 Kasturba Gandhi Balika Vidyalayas across Siddharthnagar and Maharajganj districts. Inaugurated by Shri Devendra Kumar Pandey, District Basic Education Officer of Siddharthnagar—who ceremonially handed over a laptop to the warden of Birdpur KGBV—the project provided laptops, smart TVs, web cameras, 4G LTE routers, speakers, inverters with batteries, and battery trolleys to ensure uninterrupted digital learning.



## Digital Classrooms **20 KGBV**

### Kasturba Gandhi Balika Vidyalayas

#### Key Highlights

**Objective:** To modernize rural education by equipping schools with digital tools, promoting digital literacy, and improving students' access to online learning.

**Key Figures:**

- Shri Devendra Kumar Pandey, District Basic Education Officer, Siddharthnagar
- Mrs. Mamta Verma, President, Swabhiman Samiti
- Shri Surendra Kumar Srivastava, DC Balika

**Impact:**

- Empowered students with essential digital resources, fostering interactive and self-paced learning
- Enhanced access to quality online content in 20 remote schools
- Created a scalable model for future digital-education rollouts in rural communities

## Major Events

# Launch of Empower Ed Digital Literacy Program in KGBVs

Swabhiman Samiti, in partnership with eVidyaloka, officially launched the Empower Ed Digital Literacy Program at Kasturba Gandhi Balika Vidyalaya (KGBV) in Uska Bazar as the first of 20 centers rolled out across Siddharthnagar and Maharajganj districts. This initiative seeks to equip adolescent girls with essential digital skills—ranging from basic computer operation to online research techniques—to enhance their learning experience and prepare them for the demands of the digital age.



Digital Classrooms  
Setup

# 20

Kasturba Gandhi  
Balika Vidyalayas

### Key Highlights

#### Objective:

Equip students with foundational digital literacy skills to improve classroom engagement, facilitate access to online resources, and foster confidence in navigating digital tools.

#### Key Figures:

- Mahendra Kumar, Block Education Officer, Uska Bazar
- Dr. S.K. Patel, Medical Superintendent, Community Health Center Uska Bazar
- Khyati Srinivas, eVidyaloka Program Lead
- Mrs. Mamta Verma, President, Swabhiman Samiti
- Vinod Prajapati, Secretary/CF, Swabhiman Samiti
- Nisha Singh, Warden, KGBV Uska Bazar

#### Impact:

- Enhanced proficiency in digital platforms (video conferencing, LMS, interactive tools) among class assistants
- Increased confidence and competence in managing and delivering online classes
- Established a sustainable support network to continue digital learning initiatives at Kasturba Gandhi Residential School

## Major Events

# Balika Milan Samaroh on International Girl Child Day

The Kishori Balika Milan Samaroh (Adolescent Girls' Gathering) concluded at the Swabhiman Samiti Office in Uska Bazar on October 17, 2024, capping a week-long celebration of International Girl Child Day. From October 11th to 17th, the Samiti hosted meetings, discussions, and creative workshops for adolescent girls from nearby villages, offering a platform for self-expression, peer learning, and motivation.



Over

**100 +**

girls participated in a drawing competition

### Key Highlights

**Objective:** Celebrate International Girl Child Day by fostering creativity, leadership, and empowerment among adolescent girls through participatory activities.

**Key Figures:**

- Dr. Preeti Shukla, Medical Officer, Community Health Center Uska Bazar
- Sambhavati, Swabhiman Samiti Program Lead
- Vinod Prajapati, Secretary/CF, Swabhiman Samiti
- Mamta Verma, President, Swabhiman Samiti
- Priyanka Chaudhary, Event Host

**Impact:**

- Over 100 girls participated in a drawing competition, showcasing artistic talent and creativity
- Top three winners—Manisha Chaudhary, Amesha Nishad, and Sadhna Bharti—were recognized, boosting confidence and motivation
- Inspirational talks by Sambhavati, Vinod Prajapati, and Mamta Verma encouraged girls to pursue their dreams and continue education
- Created a supportive peer network and renewed commitment among participants to advocate for their rights and aspirations

## Major Events

### Two-Day Self-Defense Training for Adolescent Girls Concludes

The two-day self-defense training program for adolescent girls concluded successfully at the Swabhiman Samiti Training Center in Uska Bazar. Part of the Kishori Sashaktikaran Pariyojna (Adolescent Empowerment Project), this initiative aimed to equip 40 selected girls with practical self-defense techniques, safety awareness, and mental preparedness to protect themselves in real-life situations.



Empower

**100+**

adolescent girls  
trained in self-defense

#### Key Highlights

**Objective:** Empower girls to feel more confident, resilient, and prepared for personal safety through hands-on self-defense and mental-wellness training.

#### Key Figures:

- Vinod Kumar Prajapati, Program Lead
- Mamta Verma, Facilitator
- Sambhavati, Facilitator
- Suman Sahani, Instructor
- Priyanka Chaudhary, Coordinator

#### Impact:

- 102 adolescent girls trained in practical self-defense techniques and situational awareness
- Noticeable increase in participants' confidence and resilience
- Formation of peer support groups for ongoing practice and mutual encouragement
- Foundation laid for follow-up advanced workshops and broader community safety initiatives



## Major Events

# Independence Day Flag Hoisting Ceremony 2024

On August 15, 2024, Swabhiman Samiti's office in Uska Bazar came alive in a vibrant celebration of India's 77th Independence Day. Staff members and volunteers gathered early in the morning to adorn the premises with tricolour flags and buntings, while local community members—young and old—streamed in, eager to join the festivities. As the sun rose, everyone assembled on the front lawn, where the National Flag stood proudly unfurled. After a brief invocation, Vinod Kumar Prajapati, Secretary of Swabhiman Samiti, took centre stage to hoist the flag. The crisp notes of the National Anthem followed, sung in unison by all attendees, their voices echoing across the compound. A series of heartfelt speeches by staff and volunteers celebrated India's democratic heritage, recalled the sacrifices of freedom fighters, and called upon everyone to contribute actively to the nation's ongoing development. The ceremony concluded with a communal pledge to uphold unity, integrity, and service—values at the heart of both the country and Swabhiman Samiti's mission.



Independence Day

# 15

August 2024

### Key Highlights

- **Flag Hoisting:** Vinod Kumar Prajapati ceremonially unfurled and hoisted the National Flag.
- **National Anthem:** All attendees joined in singing "Jana Gana Mana," reinforcing collective pride.
- **Speeches:** Volunteers and staff delivered reflections on democracy, civic responsibility, and community service.
- **Participation:** A diverse gathering of staff, volunteers, and local residents celebrated together, fostering strong community bonds.



## Major Events

# 20th Foundation Day Celebration of Swabhiman Samiti

On September 4, 2024, Swabhiman Samiti celebrated its 20th Foundation Day at the Uska Bazar office, marking two decades of dedicated service in disaster management, education, health, women's empowerment, and community development. The ceremony began with the worship of Goddess Saraswati and the ceremonial lighting of the lamp by distinguished guests, setting a reverent tone for the day. Staff, volunteers, beneficiaries, and local dignitaries reflected on the organization's journey—from its humble beginnings to its current footprint across Siddharthnagar and Maharajganj districts—and recommitted themselves to driving positive change in the years ahead.



Foundation Day

# 04

September 2024

### Key Highlights

- **Welcome Address:** Mrs. Mamta Verma, President, outlined Swabhiman Samiti's mission, vision, and strategic priorities for the next decade.
- **Keynote Address:** Mr. Vinod Prajapati, Secretary, recounted twenty years of milestones and shared future roadmaps for program expansion.
- **Chief Guest's Speech:** Mr. ISB Pramod Kumar, Assistant Development Officer, commended the organization's community contributions and encouraged continued collaboration.
- **Recognition:** Thirteen long-serving staff and volunteers were honored for their exceptional dedication and impact.
- **Dignitaries:** Addresses by Dr. S.K. Patel, Mr. Manish Pandey, and Ms. Aradhna Singh highlighted sector-specific achievements and underscored the importance of sustained community engagement.



# AWARDS AND ACHIEVEMENTS

## Awards and Achievements



# Meri Kahani Meri Zubani- Zarina Khatoon

On July 10, 2024, Zarina Khatoon—a volunteer from Khutwa village in the Uska Bazar block—was honored during the “Meri Kahani Meri Zubani” program organized by the Piramal Foundation at the District Development Building Auditorium. The event, presided over by District Development Officer J.P. Kushwaha, celebrated those driving menstrual-hygiene awareness and facilitating the re-enrollment of school dropouts.



Volunteer Honored

# 01

### Key Highlights

- **Honoree Recognition:** Zarina Khatoon was felicitated by DDO J.P. Kushwaha for her outstanding advocacy in menstrual hygiene and girls' education.
- **Program Host:** “Meri Kahani Meri Zubani,” an initiative of the Piramal Foundation, spotlighted grassroots changemakers.
- **Mentorship:** With guidance from Mrs. Mamata Verma, President of Swabhiman Samiti, Zarina resumed her studies after leaving school in Class 8.
- **Awards & Achievements:**
  - Nominated as Brand Ambassador for Menstrual Hygiene.
  - Plans underway to scale her awareness campaigns from village to district level.



# MEDIA COVERAGE

# Project Chhalaang

## प्रोजेक्ट छलांग के अंतर्गत फुलवरिया में हुआ खेल मेले का आयोजन

राज वॉयस संवाददाता  
अश्वनी कुमार मिश्रा ।।  
सिद्धार्थनगर ।। विकासखण्ड लोटन

का आयोजन किया गया। इसमें  
कुल तीन स्टाल लगे हुए थे प्रत्येक  
स्टॉल पर अलग-अलग तरह की

तीसरे स्टाल पर जाकर खेल का  
आनंद लिया गया खेल मेला में  
फुलवरिया गांव के आंगनवाड़ी इंद्रावती



### पूर्व माध्यमिक विद्यालयों में खेल सामग्री वि

सका बाजार, सिद्धार्थनगर। स्थानीय विकास पति ने बताया कि हाल ही में शारीरिक शि  
में कार्यरत स्वयं सेवी संस्था स्वाभिमान समिति का दो दिवसीय प्रशिक्षण सम्पन्न हुआ है  
रा ईएलएमएस स्पोर्ट्स फाउंडेशन के सहयोग खेल सामग्री के रूप में प्रत्येक विद्या



सका बाजार ब्लॉक के 32 और लोटन ब्लॉक 8 कुल 50 पूर्व माध्यमिक विद्यालयों में खेल  
ग्री का वितरण किया गया। इसके बारे में जानक, ममता वर्मा वार्डेन निशा सिंह सहि  
दते हुए समिति के सचिव विनोद कुमार प्रजा. अध्यापिका और बच्चे उपस्थित रहे।

### खेल मेले का आयोजन किया गया

(विचारपरक प्रतिनिधि द्वारा) टच द कोन, ग्रेव द जेम्स सहित  
लोटन (सिद्धार्थनगर) 25 अन्य खेल शामिल थे। इन खेलों  
नवम्बर, विकास खण्ड लोटन बाजार ने बच्चों की उत्सुकता और उत्साह  
के ग्राम पंचायत एकडेगवा में स्थित को बढ़ाया और उन्हें एक स्वस्थ



कंजोजित विद्यालय में स्वाभिमान प्रतिस्पर्धा का अनुभव कराया। इस  
समिति संस्था द्वारा आयोजित छल्लग अवसर पर ग्राम प्रधान प्रतिनिधि  
परिशीलना के तहत एक खेल मेले पंकज वर्मा जी अंबिका राय रेन

# Kishori Sashaktikaran Pariyojna

## किशोरी सशक्तीकरण परियोजना के अंतर्गत स्टाफ और वलं्टियर का तीन दिवसीय प्रशिक्षण प्रारम्भ

स्वतंत्र चेतना, उसका बाजार, सिद्धार्थनगर। स्वाभिमान समिति द्वारा किशोरी सशक्तीकरण परियोजना के अंतर्गत स्टाफ और वलं्टियर का तीन दिवसीय प्रशिक्षण, एक होटल में प्रारंभ हुआ। प्रशिक्षण का शुभारंभ राष्ट्रीय स्वास्थ्य



मिशन के जिला कार्यक्रम प्रबंधक राजेश कुमार शर्मा द्वारा दीप प्रज्वलित कर किया गया। राजेश शर्मा जी ने अपने संबोधन में कहा कि आपलोग बहत बेहतर

## आत्मरक्षा को बालिकाओं का दो दिवसीय प्रशिक्षण सम्पन्न

उसका बाजार(एसएनबी)। स्वाभिमान समिति उसका बाजार स्थित प्रशिक्षण केंद्र पर किशोरी सशक्तीकरण परियोजना के अंतर्गत ग्रुप लीडर किशोरियों का आत्मरक्षा पर दो दिवसीय प्रशिक्षण सकुशल संपन्न हुआ। मुख्य प्रशिक्षक विनोद



कुमार प्रजापति, ममता वर्मा, संभावती, सुमन साहनी और प्रियंका चौधरी ने गांवों से चयनित 40 किशोरी बालिकाओं को आत्मरक्षा और सुरक्षा पर दो दिवसीय परामर्श एवं प्रशिक्षण दिया गया। यह प्रशिक्षण किशोरी सशक्तीकरण परियोजना के

अंतर्गत हुआ है।

# Kishori Sashaktikaran Pariyojna

## किशोरी बालिकाओं का हुआ टीकाकरण व एनीमिया जांच

■ उसका बाजार ।

सहारा न्यूज ब्यूरो ।

ग्राम पंचायत मदनपुर में ग्रामीण स्वास्थ्य,  
स्वच्छता एवं पोषण दिवस का आयोजन हुआ ।



इस कार्यक्रम में स्वाभिमान समिति द्वारा संचालित किशोरी सशक्तीकरण योजना से जुड़ी हुई 35 किशोरियों का हाइट, वेट, टिटनेस का टीकाकरण, एनीमिया जांच एनएम रेनू यादव के द्वारा किया गया। जिसमें महिमा किशोरी एनीमीक बताई गई। एनएम के द्वारा इन सभी किशोरियों का जांच कर आयरन और कैल्शियम का दवा वितरित किया गया। साथ ही किशोरियों को माहवारी स्वच्छता, पोषण और पौष्टिक आहार के बारे में जानकारी दिया गया। इस

## गोपियापुर में मनाया गया अंतरराष्ट्रीय माहवारी स्वच्छता दिवस



पूर्वांचल राज्य ब्यूरो

**सिद्धार्थनगर ।** ग्राम पंचायत कटहा टोला गोपियापुर में किशोरी सशक्तीकरण परियोजना के अंतर्गत स्वाभिमान समिति और सामुदायिक स्वास्थ्य केंद्र उसका बाजार के संयुक्त तत्वाधान में अंतरराष्ट्रीय माहवारी स्वच्छता दिवस पर जागरूकता कार्यक्रम का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि सामुदायिक स्वास्थ्य केंद्र उसका बाजार के अधीक्षक डॉक्टर एस. के. पटेल रहे। डॉ पटेल द्वारा लोगों को संबोधित करते हुए बताया गया कि पहली कंडीशन अगर शादी शुदा महिलाओं का पीरियड 3 महीना तक नहीं आता है और बच्चा नहीं ठहरता है तो समझ लीजिए कोई बीमारी है। जहां से अंडा बनता है वहां पर गांठ बनना शुरू हो जाता है और समय पर इलाज नहीं होने पर कैंसर का रूप लेना शुरू कर देता है दूसरा कंडीशन में अगर पीरियड महीने में तीन चार बार आता है और अनियमित रहता है तो तुरंत डॉक्टर से संपर्क करना चाहिए और इलाज करवाना चाहिए। तीसरे कंडीशन में पीरियड के दौरान राख और कपड़े का इस्तेमाल नहीं करना चाहिए अगर कपड़ा इस्तेमाल करते हैं तो सूती का कपड़ा होना

चाहिए। कपड़े को अच्छे से धुल कर के धूप में सुखना चाहिए। साथ ही साथ कपड़े को प्रेस करके लेना चाहिए। एक ही कपड़े को बार-बार इस्तेमाल नहीं करना चाहिए, इससे काफी सारी इन्फेक्शन होते हैं। डॉ प्रीति शुक्ला के द्वारा माहवारी स्वच्छता में किन-किन बातों का ध्यान रखना चाहिए जैसे अगर पैड इस्तेमाल करते हैं तो 4 से 6 घंटे तक उसे यूज करना चाहिए कपड़ा या पैड इस्तेमाल करने से पहले और बाद में हाथ को साबुन से अच्छे से धुलना चाहिए। पैड को कैसे डिस्पोज करना चाहिए इसके बारे में विस्तृत जानकारी दी गई। साथ ही साथ आर बी एस के टीम से शशिकला मैडम, मारुक जी के द्वारा आयरन और कैल्शियम का दवा वितरण किया गया। सीएचसी के द्वारा सैकड़ों किशोरियों और महिलाओं को सेनेटरी पैड का वितरण किया गया। कार्यक्रम में माहवारी स्वच्छता को लेकर मैना, सुंदरी नेहा, अंकित संजू आसमी के द्वारा नाटक प्रस्तुत किया गया। कार्यक्रम का संचालन ममता वर्मा जी के द्वारा किया गया। कार्यक्रम में मुख्य रूप से स्वाभिमान से संभावती, प्रियंका, सुमन, जरीना, नेहा, और सैकड़ों किशोरियों एवं महिलाएं उपस्थित रहीं।

Media Coverage

# eVidyaloka EmpowerEd: Digital Literacy Program

## डिजिटल साक्षरता कार्यक्रम का शुभारम्भ

उसका बाजार सिद्धार्थनगर। स्थानीय कस्बा अंतर्गत स्थित कस्तूरबा गांधी बालिका विद्यालय में एंपावर एड डिजिटल लिटरेसी कार्यक्रम के अंतर्गत सिद्धार्थनगर और महाराजगंज जिले में संचालित 20 केंद्रों का औपचारिक शुभारम्भ किया गया। मुख्य कार्यक्रम उसका बाजार के कस्तूरबा गांधी बालिका विद्यालय में आयोजित हुआ। यहां खण्ड शिक्षा अधिकारी महेंद्र कुमार, साम. दायिक स्वास्थ्य केंद्र उसका बाजार के चिकित्सा अधीक्षक डॉ एसके पटेल, एडीओ आईएसबी प्रमोद कुमार और बीपीएम मनीष पांडेय जी के द्वारा संयुक्त रूप से दीप प्रज्वलित कर किया गया। कार्यक्रम में कई स्टेकहोल्डर ऑनलाइन जुड़े और अपनी बात रखे। ई-विद्यालोका से ख्याती श्रीनिवास जी ने कार्यक्रम के उद्देश्य की जानकारी दी। अपने

संयोजन में प्रमोद जी ने कहा कि यह बहुत अच्छी बात है कि बच्चियों को डिजिटल साक्षरता अभी से सिखाया जा रहा है। मनीष

नियर, अध्यापक जो भी बनना है वो अपना निर्णय ले सकने में सक्षम हो पाएंगी। इस कार्यक्रम में ई-विद्यालोका से उपन्तिक



जी ने कहा कि बच्चियों को अवसर मिल रहा है ये अवश्य विद्यालय और जिले का नाम रोशन करेगी। एस के पटेल जी ने कहा कि बच्चियों को डिजिटल साक्षरता के माध्यम से सशक्त बनाया जा रहा है। ये डाक्टर, इंजी.

कश्यप, रिनी जी, स्वाभिमान समिति से अध्यक्ष ममता वर्मा, सचिव विनोद प्रजापति, दीपक आर्या, बावी कुमार, और प्रियंका चौधरी, कस्तूरबा गांधी बालिका विद्यालय के वार्डन निशा सिंह, अध्यापक और बच्चे शामिल रहें।

## कस्तूरबा गांधी स्कूल को छात्राएं बेंगलुरु में साझा करेंगी अनुभव

जामरण सवाददाता, झुमरियागंज : कस्तूरबा गांधी आवासीय बालिका विद्यालय शाहपुर की दो छात्राओं का चयन बेंगलुरु में आयोजित एक कार्यक्रम में अपना अनुभव साझा करने के लिए हुआ है। स्वाभिमान समिति के तत्वाधान में आयोजित इस कार्यक्रम में चयनित छात्राएं गुड टच वेड टच पर बनाया माडल प्रस्तुत करेंगी। सेमिनार में उपस्थित लोगों के समक्ष इसी विषय पर अपना अनुभव रखेंगी।

विद्यालय की चाहेन रिमा ने बताया कि पिछले तीन माह से समिति विद्यालय में एडीजीई प्रोग्राम संचालित कर रही थी। विद्यालय की छात्रा निर्जला व पूजा चौधरी को गुड टच और वेड टच विषय दिया गया।



छात्रा निर्जला छात्रा पूजा चौधरी

- स्वाभिमान समिति के तत्वाधान में हो रहा आयोजन
- गुड टच वेड टच के माडल पर छात्राएं करेंगी चर्चा

अपने विचार रखे। सारे कार्यों का वीडियो बनाकर समिति के चयन समिति के पास भेजा गया। चयन

## डिजिटल लिटरेसी पर क्लास असिस्टेंट और एफ सी का दो दिवसीय प्रशिक्षित सम्पन्न

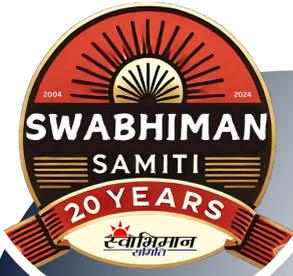


स्वतंत्र वेतना, उसका बाजार। स्वाभिमान समिति और ई विद्या लोका के द्वारा कस्तूरबा गांधी आवासीय विद्यालय में 1 जुलाई से बच्चों के साथ डिजिटल लिटरेसी कार्यक्रम हेतु क्लास असिस्टेंट का दो दिवसीय प्रशिक्षण होटल व्हाइट पैलेस में संपन्न हुआ। कार्यक्रम का शुभारंभ नौगढ़ के खंड शिक्षा अधिकारी धर्मेन्द्र पाल, ज्येष्ठी बीपीएम उपन्तिक और

संयुक्त रूप से दीप प्रज्वलित करके किया गया। ट्रेनर ख्याति जी के द्वारा बच्चों को ऑनलाइन क्लासेस चलाने में क्लास असिस्टेंट की क्या भूमिका और जिम्मेदारी होगी इसके बारे में विस्तार पूर्वक जानकारी दिया गया कार्यक्रम में मुख्य रूप से ख्याति जी, उपांतिका, स्वाभिमान समिति से विनोद प्रजापति, ममता वर्मा, सर्वेश, निशा सिंह, अध्यापक और बच्चे शामिल रहें।

# Thank You

We look forward to potential collaboration.



Phone

**+91 945 195 8110**

Website

**[swabhimansamiti.org.in](http://swabhimansamiti.org.in)**

Address

**Swabhiman Samiti, Ward No-4, SWABHIMAN SAMITI,  
Krishna Nagar, uska bazar, Sekhuiya, Uttar Pradesh 272208**